



**Tammy Caldwell**  
**Supervisor of Senior Programs and**  
**Special Populations**

Christiansburg Recreation Center  
 1600 North Franklin Street  
 Christiansburg, VA 24073  
 Open to Senior Citizens  
 (Ages 50 and over)

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<https://www.christiansburg.org/177/Parks-Recreation>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>October</b> 	<b>Open Enrollment -Medicare</b> Call 540-980-7720 to schedule an appointment	<b>Wednesday: Oct. 13</b> <b>Breast Cancer Awareness Day Front Lobby</b> 8:30 a.m. – 2:30 p.m. Join us for giveaways, refreshments. If you have not had your yearly		<b>1</b> <b>Waynesborough Shopping</b> \$7/\$14 Leave rec. ctr @ 8 a.m. Lunch on your own at local restaurant. <b>Scrabble Players</b> Sr. act. rm 1:30 – 4:30 p.m. FREE	<b>2</b> <b>Tony L Huddleston Fishing Rodeo, Izaak Walton Facility</b> 2 pm Ages 4 – 15; pre-register <b>Rockin Main Concert Series</b> Main Street, FREE 3 – 9 p.m. For more information, please call 540-382-2349
<b>3</b>	<b>4</b> <b>Flu Shots – Provided by Christiansburg Pharmacy</b> Front Lobby 4 – 6 p.m. must bring insurance/Medicare card with you at time of shots	<b>5</b> <b>Senior Motions T/Thurs.</b> 11:30 a.m. – 12:30 p.m. pre-register 6 wks. MPRM 2 <b>Step by Step Fall Painting Session I</b> 1 p.m. \$17 Mid County Activity Bld. <b>Participants sign up with Mont. Co. Parks &amp; Recreation.</b>	<b>6</b> <b>Greenhill Park Hike</b> Leave rec. ctr @ 10 a.m. \$7/\$14 wear appropriate attire. Lunch on your own at local restaurant; pre-reg.	<b>7</b> <b>Bible Study</b> 10:15–10:45 a.m. Sr. Act. Rm	<b>8</b>	<b>9</b> <b>Medicare Decisions Made Easy;</b> 10 a.m. FREE, pre-register
<b>10</b>	<b>11</b> <b>Basket Weavers:</b> 10 a.m.-4 p.m. Classroom 2 <b>Mystery Movies &amp; Munchies</b> 11 a.m. FREE; pre-reg.	<b>12</b> <b>Lunch Bunch TGI Friday's</b> leave rec. ctr @ 10:30 a.m. \$7/\$14 <b>Step by Step Fall Painting II</b> 1 p.m. \$17 Mid County Activity Bld. <b>Participants sign up with Mont. Co. Parks &amp; Recreation.</b>	<b>13</b> <b>Taco-Bout – A - Party</b> FREE; pre-reg. 11 a.m. Christiansburg Rec. Ctr. Co-Sponsored with Commonwealth Senior Living – Christiansburg	<b>14</b> <b>Bible Study</b> 10:15–10:45 a.m. Sr. Act. Rm	<b>15</b> <b>Mabry Mill Breakfast</b> leave rec. ctr @ 6:30 a.m. \$7/\$14 pre-register Participants are responsible for paying for their breakfast	<b>16</b>
<b>17</b> <b>Monday, Oct. 18:</b> <b>Flu Shots Provided by Christiansburg Pharmacy Front Lobby</b> 9 – 11 a.m. must bring insurance/Medicare card with you	<b>18</b> <b>Senior Aerobics</b> M/W/F 7:30 – 8:30 a.m. 6 wks. MPRM 2 Pre-reg. <b>Senior Motions</b> M/W/F 9 – 10 a.m. 6 wks. MPRM 2 Pre-reg. <b>VIN Etching</b> 3 – 6 p.m. FREE Christiansburg Fire Dept.	<b>19</b> <b>Shred-A-Thon:</b> 3-6 p.m. Christiansburg Recreation Center Parking Lot <b>Please have items to shred in a plastic tote or box. This is a drive-thru event.</b> For more information, please visit our website:	<b>20</b>	<b>21</b> <b>Bible Study</b> 10:15–10:45 a.m. Sr. Act. Rm	<b>22</b> <b>Halloween Bingo</b> 11 a.m. \$5 plus \$1 in quarters; pre-reg Refreshments provided. <b>Tailgate Party</b> 4:30 p.m. prior to CHS vs Patrick Henry football game FREE	<b>23</b>
<b>24</b> <hr/> <b>31</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>Streaming Services</b> \$2/\$4; pre-reg. 3 – 4:30 p.m.	<b>28</b> <b>Bible Study</b> 10:15–10:45 a.m. Sr. Act. Rm	<b>29</b> <b>The Impact of Domestic Violence Later in Life: A Community Response</b> 9 a.m. – 2 p.m. MPRM 1 FREE; pre-reg For more information see back of calendar	<b>30</b> <b>Getting Scary on the Huckleberry 5K 9 a.m.</b> <b>Truck or Treat 8 a.m.</b>