






Abbreviations
 TR: Town Resident
 NR: Non-Resident
 NM: Non-Membership
 MH: Membership Holder

Christiansburg Recreation Center
 1600 North Franklin Street
 Christiansburg, VA 24073
 Open to Senior Citizens
 (Ages 50 and over)
 tcaldwell@christiansburg.org

Telephone:
 (540) 382-2349, ext. 2003
Fax #
 (540) 381-5537



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Bible Study 10:15–10:45 a.m. Sr. act. Room	2	3 July 4th Festival and Fireworks Please see back of calendar for more information
4 Recreation Center CLOSED 	5 Recreation Center CLOSED	6 Coffee Social 10 am Great Roads Coffee, Christiansburg	7 Veteran's Café 11 am Please pre-reg FREE Sr. Act. Rm. Christiansburg Rec Ctr Bringing the Barter to You 1 pm \$15; pre-register. Senior Act. Room	8 Bible Study 10:15–10:45 am Sr. act. Room Barn Quilt Painting 9 am FREE; pre-reg. Radford Senior Center Senior Motions 11:30 am FREE; pre-reg T/TH 6 weeks	9 Leave the Driving to Us 12:30 p.m. MPRM 2 FREE; pre-register Lunch provided by Commonwealth Senior Living – Christiansburg Campus	10 Medicare Decisions Made Easy 10a am – noon Classroom 2
11 **Move & Grove July 12** 11am – Noon M/W \$30/\$60 6 weeks; pre-reg	12 Citrus Candles 10 am \$5; supplies included pre-register Basket Weavers 10 am – 4 pm Classroom 2	13 Levels of Care: Nursing Home vs Assisted Living 6 – 7:30 pm FREE pre-reg Sponsored by Noble Senior Living Christiansburg Refreshments provided	14 National Watermelon Month Bingo 11 am \$5; pre-register Christiansburg Rec Ctr	15 Bible Study 10:15–10:45 am Sr. Act. Rm.	16	17
18	19 Tie Dye: Pillowcases 11 am \$10 includes supplies Kiwanis Park – Big Shelter	20 Coffee Social 10 am Great Roads Coffee, Christiansburg	21 Lunch Bunch: Mama Marias Leave rec. ctr @ 10:30am FREE, pre-reg.	22 Bible Study 10:15–10:45 a.m. Sr. Act. Rm.	23 Wohlfhart Haus: O Happy Day!! Leave rec ctr @ 11:30 am \$55 all inclusive; pre-reg.	24
25	26	27 Easy DIY Towels 11 am FREE; pre-reg. supplies included	28 SOCIAL MEDIA SERIES #2 TIKTOK, INSTAGRAM & SNAPCHAT 3-4:30pm \$2/\$4; pre-reg.	29 Bible Study 10:15–10:45 a.m. Sr. Act. Rm.	30	31