



Abbreviations
 TR: Town Resident
 NR: Non-Resident
 NM: Non-Membership
 MH: Membership Holder

Christiansburg Recreation Center
 1600 North Franklin Street
 Christiansburg, VA 24073
 Open to Senior Citizens
 (Ages 50 and over)

Telephone #
 (540) 382-2349, ext.2003
Fax # (540) 381-5537

Tammy Caldwell
 Supervisor of Senior/Special
 Populations Programs
 tcaldwell@christiansburg.org



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			VICAP Volunteer Please call the Agency on Aging @ 980-7720 to schedule an appointment.	1 Mardi Gras Casino: Cross Lanes, WV; \$15/\$25 Leave Rec. Ctr. @ 8 a.m. Lunch on your own @ the casino	2 	3
4	5 LABOR DAY Recreation Center Closed 	6 Coffee Hour/Gospel Sing: 10 a.m.; Sr. Act. Room Lunch Bunch: The Blue Apron: Salem, Va. \$7/\$14 Leave Rec. Ctr. @ 11 a.m.	7 Blood Pressure Screening: FREE; 9-10 a.m. Carilion Home Health Blood Drive: 9 a.m.-2 p.m. Court C	8 Gospel Sing: 9:30 a.m. Sr. Act. Rm. Bible Study: 10:15-10:45 a.m. Ayers Apple Orchard: Cana, VA; \$7/\$14 Leave Rec. Ctr. @ 8:30 a.m.	9 Friday Night Jamboree: \$15/\$20 Leave Rec. Ctr. @ 4 p.m. Dinner on your own @ The Pine Tavern Pre-register	10 Medicare Decisions Made Easy: 10 a.m. Senior Activities Room
11	12 Basket Weavers: 10 a.m.-4 p.m. Classroom 2 Card Night: 5:30 p.m.-9 p.m. Senior Activities Room	13 	14 Blood Pressure Screening: FREE; 9-10 a.m., Carilion Home Health Connections Seminar Village Center at Warm Hearth: Healthy Mouth- Happy Smile: 2 p.m.; for reservations call 443-3406 AARP/VCOM Health & Wellness Fair: Noon-4 p.m.	15 Gospel Sing: 9:30 a.m.; Sr. Act. Rm. Bible Study: 10:15-10:45 a.m. Greenbrier Bunker Tour: \$55; pre-register Leave Rec. Ctr. @ 8 a.m. Stampin' Up: Leave Rec. Ctr. @ 9:15 a.m. \$12 paid to instructor; Pre-register	16 Mystery Yard Sale \$10/\$20 Leave Rec. Ctr. @ 7 a.m. Lunch on your own @ local restaurant Lifeline Screening 9 a.m. - 4p.m. Call 1-888-653-6441 to register	17
18	19 Monday Movie: 11 a.m. refreshments provided, FREE, pre-register AARP Driver Safety Program: 9 a.m.-1 p.m. Pre-register	20 Triad S.A.L.T. Council: 1:30 p.m. Christiansburg Rec. Ctr Classroom 2 AARP Driver Safety Program: 9 a.m.-1 p.m. Pre-register	21 Blood Pressure Screening: FREE; 9-10 a.m. Carilion Home Health Lunch Bunch: White Barrel Winery: Leave Rec. Ctr. @ 11:30 a.m.	22 Gospel Sing: 9:30 a.m.; Sr. Act. Rm Bible Study: 10:15-10:45 a.m.; Sr. Act. Rm. Falls Prevention Awareness: 9 a.m.-12 p.m. Pre-register	23 	24
25	26 Card Night: 5:30-9 p.m. Senior Activities Room	27 	28 Wohlfhart Haus: Gospel Side Of Elvis: \$47/\$67 Leave Rec. Ctr. @ 11:30 a.m. Pre-register	29	30	COMING UP: Shred-A-Thon: Tuesday, October 18; 3-6 p.m. @ Recreation Center parking lot (Drive-thru only. Documents must be in box/plastic tote; limit 3 per car).