



# Adult Kickball

*League runs: August - October*

Min. teams per league: 4 teams      Max. teams per league: None

**What:** Adult Kickball

**Eligibility:** 18 years and over

**Where/When:** Any of the CDPR Athletic Fields

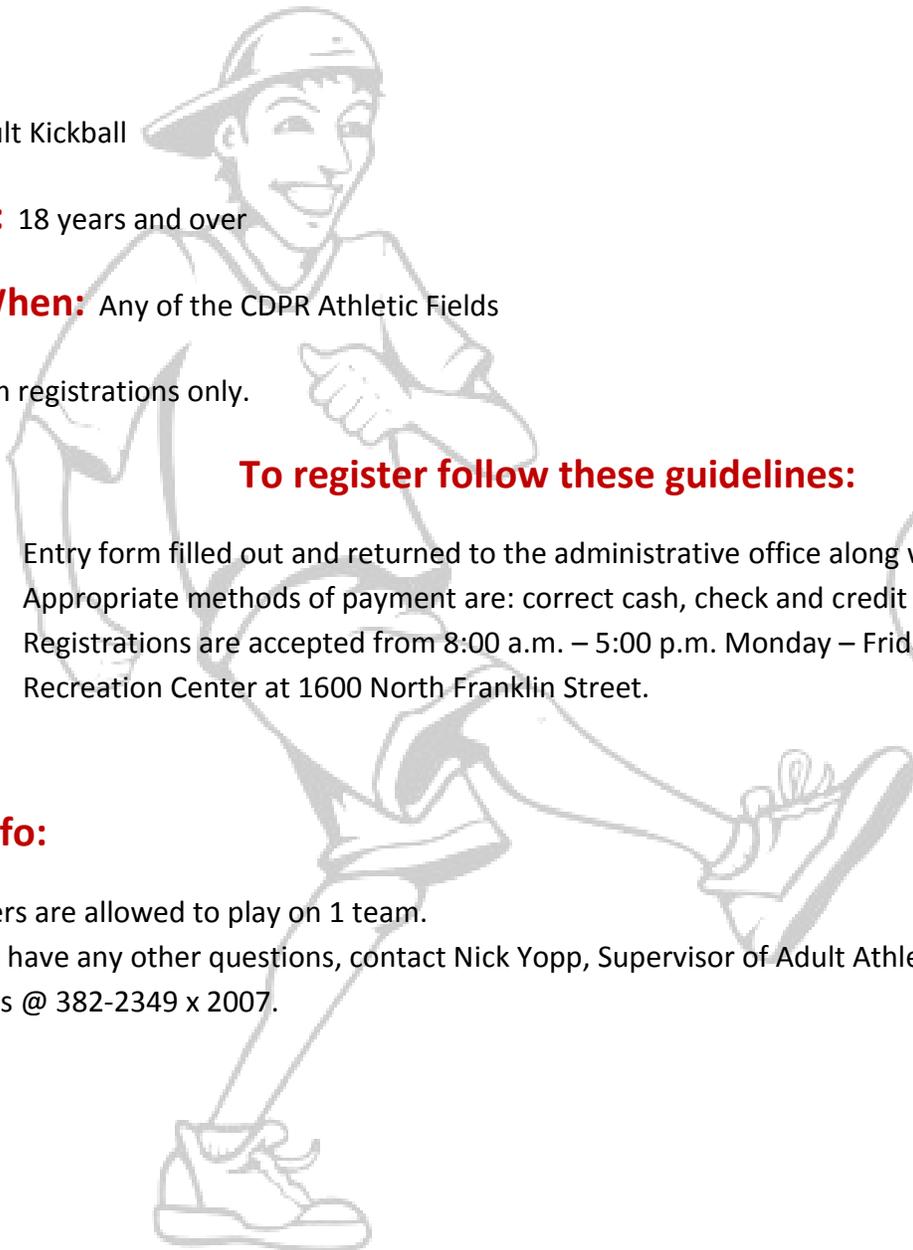
**How:** Team registrations only.

**To register follow these guidelines:**

1. Entry form filled out and returned to the administrative office along with the fee of \$150.
2. Appropriate methods of payment are: correct cash, check and credit card.
3. Registrations are accepted from 8:00 a.m. – 5:00 p.m. Monday – Friday at the Christiansburg Recreation Center at 1600 North Franklin Street.

**League Info:**

1. Players are allowed to play on 1 team.
2. If you have any other questions, contact Nick Yopp, Supervisor of Adult Athletics and Athletic Special Events @ 382-2349 x 2007.



# Adult Kickball

1. All games will be played in Christiansburg at one of the ballfields.
2. Games will consist of 7 innings if the time limit permits.
3. There is a 1 hour time limit and no inning can start after 55 minutes. Any inning in progress will be completed. There can be extra innings if the score is tied and time allows. The 5 minute grace period is included in the game time.
4. Games will start promptly at the scheduled time. There will be a 5 minute grace period. After the period, the game will be called a forfeit if one team lacks the number of players to play.
5. Captains must turn their line-ups in by game time.
6. All rosters must be turned in by the first game. No additions will be allowed after the 2<sup>nd</sup> scheduled game.
7. There will be a slaughter rule of 15 runs after 4 innings and 10 runs after 5 innings during the regular season and no slaughter rule for tournament play.
8. Teams may start with 8 players.

## **Equipment:**

1. Game balls will be provided. They will be a basic rubber ball.

## **Rules:**

1. No metal spikes are allowed.
2. We will use 60 ft base lines.
3. The kickers do not have to start in the box, but must kick the ball in the box.
4. When in the field, each team must have at least 8 fielders. There must be a catcher and a pitcher on the field.
5. Outs are recorded all of the normal ways. An out can be recorded by tagging the runner with the ball.

## **Pitching:**

1. Balls must be pitched underhand. There are no restrictions on style. Must start with a foot on the rubber. Fielders can't move during the pitch.
2. The strike zone is from the ground, up 1 foot.
3. All pitches must bounce at least twice before reaching the plate.

## **Kicking;**

1. Any contact made below the knee is considered a kick.
2. Kicks must be made on or behind home plate. Plant foot can't hit in front of the plate.

## **Policies:**

9. In the case of lightning or impending weather, there will be a 30 minute delay from the last bolt of lightning. **Refer to the Lightning Policy.**
10. The Christiansburg Department of Parks and Recreation shall have the authority to take disciplinary action against any manager or player for misconduct on or around the playing field.
11. No profane language will be allowed on or around the playing field. Team managers are responsible for the conduct of their players.
12. This is a Recreational Kickball League. Therefore, intentionally trying to hurt another player and unsportsmanlike conduct will not be tolerated by this Department. Spiking players, running over players, and other unsportsmanlike conduct will not be allowed and will result in suspension for that player.
13. BLOOD RULE: *A player, coach, or umpire, who is bleeding or has blood on his uniform shall be prohibited from participation further in the game until appropriate treatment can be administered. If medical treatment is administered in a reasonable length of time, the individual will not have to leave the game. The length of time that is considered reasonable is left to the umpire's judgment.*
14. CANCELLATION LINE: Decisions will be made by 3:00pm if at all possible. To access the line, dial 382-2349. Choose option 4.
15. An ejection from a game will result in an automatic 1 game suspension. Any additional suspension will be based on the severity of the incident.